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Scriptures, Questions, & Assignment

1. What did you learn from your study of Ephesians 2:1-10 this past week?
2. What does it mean to you to be adopted into God's family as His child?

Matthew 11:28-30 (NLT): *"Come to me, all of you who are weary and carry heavy burdens, and I will give you rest. Take my yoke upon you. Let me teach you, because I am humble and gentle at heart, and you will find rest for your souls. For my yoke is easy to bear, and the burden I give you is light."* (**Matthew 11:28-30**, NLT)

1 Peter 2:24 (NLT): *He personally carried our sins in his body on the cross so that we can be dead to sin and live for what is right. By his wounds you are healed.* (**1 Peter 2:24**, NLT)

Romans 6:13 (NLT): *... Give yourselves completely to God, for you were dead, but now you have new life.* (**Romans 6:13**, NLT)

Romans 8:5-6 (NLT): *Those who are dominated by the sinful nature think about sinful things, but those who are controlled by the Holy Spirit think about things that please the Spirit. So letting your sinful nature control your mind leads to death. But letting the Spirit control your mind leads to life and peace.* (**Romans 8:5-6**, NLT)

Romans 8:1 (NLT): *So now there is no condemnation for those who belong to Christ Jesus.*
(Romans 8:1, NLT)

Romans 8:14-16 (NLT): *For all who are led by the Spirit of God are children of God.*

So you have not received a spirit that makes you fearful slaves. Instead, you received God's Spirit when he adopted you as his own children. Now we call him, "Abba, Father." For his Spirit joins with our spirit to affirm that we are God's children. (Romans 8:14-16, NLT)

3. What are the challenges you deal with in balancing your life between spending time with Jesus, doing what He asks, and resting in Him?

Matthew 11:28-30 (MSG): *"... Come to me. Get away with me and you'll recover your life. I'll show you how to take a real rest. Walk with me and work with me – watch how I do it. Learn the unforced rhythms of grace. I won't lay anything heavy or ill-fitting on you. Keep company with me and you'll learn to live freely and lightly."* (Matthew 11:28-30, MSG)

Ephesians 2:8-10 (NLT): *God saved you by his grace when you believed. And you can't take credit for this; it is a gift from God. Salvation is not a reward for the good things we have done, so none of us can boast about it. For we are God's masterpiece. He has created us anew in Christ Jesus, so we can do the good things he planned for us long ago. (Ephesians 2:8-10, NLT)*

Assignment

Spend a bit of time this week considering **Romans 10:10-15** and **2 Corinthians 11:23-28**.

- This week, read **Romans 10:10-15** and **2 Corinthians 11:23-28** at least once each day – try reading them in several different translations.
- What do you find comforting in these passages?
- Is there anything about these passages that makes you uncomfortable? Why do you think that is?
- What did Paul live for? How committed was He?
- If Paul came to our church what do you think He might say to us about sharing Jesus? Why?
- What is the most important message you see in these passages?
- How will what you have learned affect the way you live your life? Why?