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Scriptures, Questions, & AssignmenT

1. What did you learn from your study of Psalm 139 this past week?
2. What does it take to live your best life? And, what is your best life anyway?

Colossians 2:16-17 (NLT): *So don't let anyone condemn you for what you eat or drink, or for not celebrating certain holy days or new moon ceremonies or Sabbaths. For these rules are only shadows of the reality yet to come. And Christ himself is that reality. (Colossians 2:16-17, NLT)*

3. What have you discovered to be fluff in your life? What have you thought was fluff but found out is important?

2 Timothy 3:16-17 (NLT): *All Scripture is inspired by God and is useful to teach us what is true and to make us realize what is wrong in our lives. It corrects us when we are wrong and teaches us to do what is right. God uses it to prepare and equip his people to do every good work. (2 Timothy 3:16-17, NLT)*

Psalm 139:23-24 (NLT): *Search me, O God, and know my heart; test me and know my anxious thoughts. Point out anything in me that offends you, and lead me along the path of everlasting life. (Psalm 139:23-24, NLT)*

Proverbs 3:5-6 (NIV): *Trust in the LORD with all your heart and lean not on your own understanding; in all your ways submit to him, and he will make your paths straight.* (Proverbs 3:5-6, NIV)

Assignment

Spend a bit of time this week considering **Colossians 2:6-23**. Notice especially what it says about life and death, circumcision, the cross, the ceremonial law, man-made rules, and Jesus.

- This week, read **Colossians 2:6-23** through at least once each day – try reading it in a couple different translations.
- What do you find comforting in this passage?
- Is there anything in this passage that makes you uncomfortable? Why do you think that is?
- Verse six says: ... *Just as you accepted Christ Jesus as your Lord, you must continue to follow Him.* What does this passage teach you about following Jesus?
- What was nailed to the cross (verse 14)? How does this affect your life?
- What is the most important message you see in this passage?
- How will what you have learned affect the way you live your life? Why?